

PARA-PHRASES

SUMMER EDITION

June 2014

Greater Lexington Paralegal Association

GLPA

Since 1980

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Message from the President

By Heather Purnell

I hope everyone is having a great year so far!! Summer is upon us!! I just wanted to give some information about what the Board has accomplished this year so far. We have a great dedicated Board this year and most of the Board participated in a Leadership and Teamwork retreat in April. Our presenter and trainer Mike Thompson has articles he will be sending us periodically and we will get to include some in our newsletter. The main takeaway from the retreat is that everyone is different and may have a different opinion, but we can all learn to respect each other's opinions without taking it personally. We all share a common goal of making the GLPA a great organization and we have a

wide variety of ideas coming in from many people.

We all are dedicated to making sure every event is enjoyable, including our CLE's, Anniversary luncheon and Half Day CLE TBA for the Fall!! Education and professionalism are at the top of our list of priorities. The GLPA should be a place where you can network and learn inside this wonderful profession. If you know of anyone who is not a member, please feel free to send them a copy of our newsletter and tell them about the benefits of the GLPA. We plan to do a student membership drive this



Heather Purnell, 2014 GLPA President

year as well to get some more students involved.

Hope to see you at the July 17 Anniversary luncheon. As always, please email me with comments or suggestions. hpurnell@dlgfirm.com

Dates to Remember

June 17, 12:00 noon— June monthly meeting and CLE; bring any donations for Ronald McDonald House (see wish list for donation items)

July 17, 12:00-1:15 p.m.— Anniversary luncheon at the Hyatt Regency; speaker: Dave Richardson

or another member of the LFUC PD Forensics Department

Aug. 5—5:30 p.m. GLPA Board meeting at DelCotto Law Group

Aug. 19, 12:00 noon— Aug. monthly meeting and CLE.

Sept. 4, 12:00 noon— GLPA Board meeting at DelCotto Law Group

(Note: monthly meetings held on third Tuesday of the month in the Multi-purpose Room, 1st floor. Robert F. Stephens (Circuit) Courthouse)



Saving Lives and Making Lives Better!

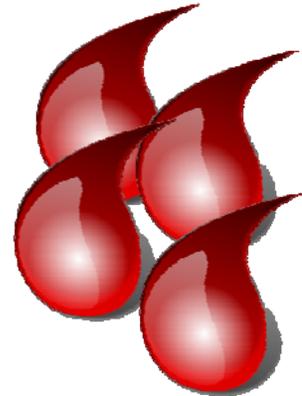
By Melanie Sennett, Philanthropy Chair

I am so excited to report that 31 people showed up to give blood at the Fayette County Bar Association/ Greater Lexington Paralegal Association Blood drive, resulting in 21 pints of blood donated. That will help save so many people! How great is that? The Kentucky Blood Center was so grateful. Thanks to everyone who came out for this event!

I also want to report that 16 cell phones were collected for Cell Phones for Soldiers. These will be used to give soldiers a chance to talk to loved ones while they are deployed. We are so lucky to live in this great country and we are lucky for all the men and women who sacrifice so much to keep this county great!

Our members are also showing how much they care by donating to the Ronald McDonald House. I received several cash donations and donations of items from their wish list.

I am so proud to be a part of this great organization and proud to be involved in all the great things we do to help people.



**Volunteer to
Help Others**

Secretary's Notes By Liz Boggs, 2014 GLPA Secretary

Your GLPA administrative board meets every month to plan activities, ensure the organization runs smoothly, and to discuss and implement ways to increase membership and make the GLPA the best it can be. Countless volunteer hours are given by the various board members. Sometimes decisions are easy and sometimes there is much discussion on ideas presented. All of this helps us become stronger and better able to serve our members, which is our sole purpose. In my

position as secretary, I am always amazed at the quantity of business we attend to and, more importantly, at the quality of the leadership and decision making process. As always, our board meetings are open for anyone to attend. Please take advantage of this invitation and sit in on a session to see the GLPA in action behind the scenes.



Andrew D. DeSimone Speaker at April CLE

Andrew DeSimone, a member of the Lexington law firm of Sturgill, Turner, Barker & Moloney, PLLC, where he concentrates his practice in insurance defense, equine law, governmental law and health care litigation, was CLE speaker at the GLPA monthly meeting on April 15. Andrew spoke to the GLPA membership on "Attorney-Client and Work Product Privilege." Andrew's litigation practice includes numerous trial and appellate victories in in the areas of insurance defense, equine law, governmental law and health care litigation. He defends doctors, hospitals and long-term care facilities against medical malpractice claims and federal and state regulatory actions, such as negligent care, wrongful death, patient neglect and abuse, and Medicare and Medicaid violations. Since

both his father and brother are physicians, Andrew has a unique insight into the defense of physicians and other health care providers. Andrew also works with several national insurance providers, reviewing insurance policies, assessing claims and representing their insureds when litigation arises.

Andrew graduated cum laude, with honors, from Vanderbilt University in 1996 and from the University of Kentucky College of Law in 2000. He is admitted to practice in Kentucky state courts and the United States District Court for the Eastern and Western Districts of Kentucky, as well as the Sixth Circuit Court of Appeals.

Andrew was born in Lexington,

Kentucky, where he lives with his wife, Kimberly, and their black lab, Bella. In his spare time, Andrew enjoys camping, canoeing and soccer.



Andrew D. DeSimone, Esq.

2014 KPA Conference Update

By Tammy Smith, 2014 KPA Conference Committee Chair

26th Annual KPA Conference

November 14, 2014

Clarion Hotel, 1950 Newtown Pike, Lexington, KY 40511
Knowledge is Power – Empowering Paralegals through Continuing Legal Education

The Conference planning is underway! Festivities will begin with a social on Thursday evening, November 13, along with registration, followed by a full day of CLE's on November 14. Save the date now!! Watch for the registration form to be sent out in September.

The Well has been chosen for the Charity this year. To find out more, you can visit the website at <http://thewelllexington.org>.

"Mark your
calendars now!"

GLPA Members Participate in Panel Discussion at ECU

By Debra Gibby, RP, CKP

On May 30, 2014, five members of the GLPA, Pamela Sargent, Jan Chapman, Dawn Powers, Mary Campbell, and Debra Gibby participated in a panel discussion for the Eastern Kentucky University paralegal program, providing students in the ECU paralegal program an insight on the many options availa-

ble to them. Members of the panel use their paralegal training, whether in the classroom or in-house training, in various areas of paralegal practice, from working as paralegals in law firms to state government to private corporate entities. The panel members shared some of their own personal experiences and

made suggestions to aid and guide the students in their career paths/choices upon graduation from the ECU paralegal program.

Debra Gibby, RP, CKP, has worked as a paralegal in Kentucky and Washington state for 27 years. She presently works at Sturgill, Turner, Barker & Moloney in the firm's Employment Law Section.

Helen Bongard speaker at May CLE

Helen L. Bongard has been in private practice in Lexington, Kentucky since 1991, focusing now as a Guardian ad Litem representing children. She has taught undergraduate and graduate law courses at Sullivan University's Lexington campus since 1992, where she is a full professor and chair of the Legal Studies department.

Helen has spoken at numerous national, state and local conferences on the paralegal profession and children's legal issues. She has been an attorney for the Fayette Family Drug Court, a member of the Fayette Family Court Advisory Board, a member of the Fayette Model Court Committee, a member of the state's Court Improvement Program, and a member of the Greater Lexington Paralegal Association, as well as the Fayette County

and Kentucky Bar Associations.

Helen spoke to the GLPA membership in attendance at the May monthly GLPA meeting. Her presentation was on legal ethics and pointed out the many ethical issues and ethics violations in various movies that involved characters in the movies who were "attorneys." Helen made a very dry but important subject very interesting for her listeners.



Helen Bongard

Brian T. Canupp to speak at June CLE

Brian T. Canupp will be the speaker at the GLPA June 17 CLE. He will be speaking on Consumer Advocacy Law. The GLPA membership is encouraged to attend this informative CLE.

Brian is a native of Carlisle, Nicholas County. He established his practice in Paris, Bourbon County, 13 years ago, with a desire to be an advocate for the people of his hometown area in their legal needs and financial struggles.

Brian attended Marshall University and the University of Kentucky, where he obtained his BA in Political Science in 1997. He attended Salmon P. Chase College of Law at Northern Kentucky University, where he obtained his J.D. in

2000. From 1999 through 2001, he did clerkships with Busald Funk & Zevely, the Childrens Law Center of Los Angeles, and the Kentucky Attorney General's office.

Brian practices primarily in VA and Social Security Administration issues, consumer bankruptcy and consumer protection. He also handles some personal injury, divorce and criminal defense matters.

He is a member of the National Association of Consumer Bankruptcy Attorneys, and the National Association of Consumer Advocates, Kentucky Justice Association, Max Gardner's Bankruptcy Boot Camps, and National Association of Social Security Claims Representatives. Brian T. Canupp, PSC and Ken-

tucky Consumer Law Group have been recognized by the United States Congress as a "Debt Relief Agency".

Brian lives in Paris with his wife Alyssa, and their two children. In his spare time he enjoys theater, acting and directing plays at Roh's Opera House in Cynthiana.

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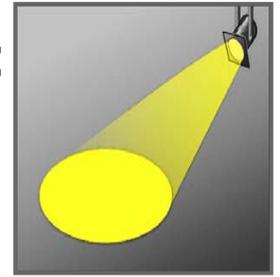
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GLPA DIAMOND SPONSOR

Member Spotlight—Pamela Sargent

By Heather Purnell



Pamela Sargent is the Legal Compliance Manager at Alltech, Inc. in Nicholasville. She has been working in the legal field for 29 years and has been a PACE Registered Paralegal since 1998. After graduating from Midway college in 1985, she began her legal career at Vimont & Willis in Lexington. She worked there for 7 years and gained valuable experience in real estate, corporate and equine law. She also gained many friends and colleagues as a “vault rat” in Fayette and surrounding counties. She next worked for Wyatt, Tarrant & Combs’ environmental practice in Frankfort.

During this time she went back to college and obtained another degree from Midway College to further her career and profession. In 1997 she joined Fazoli’s corporate office as the Manager of Paralegal Services which also grew to include the position of Compliance Officer. In 2007 she joined Alltech which has been a

truly challenging and rewarding experience that included working as a Corporate Paralegal and working in the 2010 Alltech World Equestrian Games Department.

Pamela is currently participating in the Alltech Executive Management Program at the University College Dublin Michael Smurfit School of Business in Dublin Ireland which started in 2012 and she expects to complete the program in 2015.

She is a proud member of the GLPA and has been a member for over 25 years. The reason she joined the GLPA is to promote the paralegal profession and standards, and to network with other legal professionals. She wrote a thesis on the profession and need for registration/certification.

Pamela has been married to Ben for 28 years, she has two sons, Tyler (24) and Ben (20), a beautiful



Pamela Sargent, RP

granddaughter Sophia, and Rex, her spoiled chocolate lab.



Our Mission



Promote the paralegal profession.

Provide seminars for the continuing legal education of paralegals.

Act as a forum for the exchange of information.

Support and promote professional standards.

Communicate with the legal community and the general public.

Participate in local and national issues that affect the profession.

GLPA Treasurer Summary

June 6, 2014

CENTRAL BANK ACCOUNT

Bank Balance as of May 31, 2014 \$10,174.72

Deposits:

Disbursements: \$ 150.82

Reconciled Balance as of June 3, 2014 \$10,023.90

DUPREE FUND INFO

Dupree Fund - March 31, 2014 \$10,201.29

Dupree Fund - April 30, 2014 \$10,305.25



Terri Marksbury, 2014
GLPA Treasurer



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NFPA NEWS TO USE -----

Glenna Fugazzi, RP, Primary Representative
Tammy Smith, CKP, Secondary Representative

It is time to nominate outstanding leaders, and the GLPA has plenty! Please look over the many awards listed below and consider nomination of your fellow paralegal. Details, as well as the nomination form, may be found on the NFPA website at Paralegals.org.

NFPA Association Pro Bono
NFPA Individual Pro Bono
NFPA Outstanding Local Leader
NFPA Paralegal of the Year
William R. Robie Leadership
PACE Ambassador
PACE Scholarship
NFPA/Thomson-Reuters Scholarship

Your NFPA Representatives are beginning to gear up for the NFPA Annual Conference scheduled for October 9-12, 2014, in Dallas, Texas. One issue that may come to the floor is an increase in NFPA dues! This very matter was brought up at the 2013 Conference, but failed. Should this agenda topic pass, it will directly affect our Association as the increase will be passed along to each member.

We always welcome your comments or suggestions!

GFugazzi@FowlerLaw.com
TSmith@FowlerLaw.com
859-252-6700



Thinking In The Sweet Spot

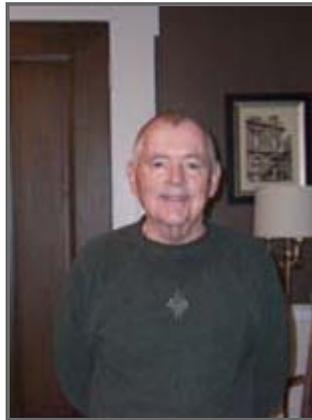
By Mike Thompson, Neuro-Behavioralist

Hello to all who are wearing their Thinking Cap; or have recently jumped on the Brain Train. This is the initial installment of what will be a tri-weekly newsletter about ways to better use our brain.

In most sports where a ball is struck with a stick, paddle or appendage, there is a small ideal place from where it can be most effectively struck. This is called the Sweet Spot, where maximum results are gained from sufficient, but not too much effort. It is a product of preparation, training, timing, and thoughtful effort; which if honed, can be masterfully applied during any performance moment.

In relationship development, this is our ultimate goal and it is what Sweet Spot Thinking will afford us if we choose to discuss, pursue, and master it with those whom we live, work, serve and love. I believe that there are some simple rules that set this process up for continued success:

- 1) Always remember to lock your Ego in the shed out back. The Ego with a capital E is most insatiable. It will convince you that it is starving, and then consume anything in the room that interferes with its status. Thus, it can cause a rampaging outbreak of the dreaded Disease of ME (My Ego). Like all contagions, it must be isolated and removed from the area it will most predictably infect.
- 2) Simply accept yourself for the "who" you have come to know and love. This means that you are who you are with the brain you now know and use quite naturally and effectively, for the most part, given its wiring schematics which you have actually seen and on which you can now depend.
- 3) Constantly be on the lookout for signals from those with which



- 4) you interact, as to how they think, so you can determine how best to navigate the blind spots of these potential Sweet Spot relationships.
- 4) Accept those for what they are and begin to enter the Sweet Spot with the brain of the moment while focusing on the best places to both compliment and supplement each other's big spots and blind spots. Thus, in that way, the Sweet Spot is formed between any two brains, and the opportunity for high level performance is initiated. This can be between student and teacher, coach and player, sibling and sibling, parent and child, or spouse and spouse. In three weeks, we will begin exploring specific how's, who's, what's and why's of Sweet Spot mastery. For now, relax and do your assignment below and engage in one or both of the suggested readings.

Assignment: After reflecting on steps 1-4, think of one or two brain owners with whom a Sweet Spot discussion might be useful and have said discussion between now and next time. Then make a few reflective notes in your journal. Hopefully, a useful discovery will occur in your doing so.

Suggested reading:

- To Sell is Human (Daniel Pink)

- The 4 Agreements (Don Miguel Ruiz)

Reflection Assignment:

- 1) Create a list of 2 people whom you have a non-romantic relationship with (1 Good Relationship/ 1 Agitating Relationship). In your journal, analyze each relationship in as much depth as you choose, for each of the below areas:
 - α) Why is this a good/bad relationship: what areas, subjects, topics, thinking attributes or actions allow/ or disable the sweet spot of this relationship from being achieved.
 - β) Analyze with examples: who puts more effort into keeping the relationship in the sweet spot (you or the other person) and how. If it is an agitating relationship, what agitations cause the sweet spot to disintegrate and why you think it happens (try to use your thinking attributes to describe this friction or harmony).
 - χ) Lastly, reflect and write down ways you can access the sweet spot longer, when in the presence of this person.
- 2) Stop writing. Now take 10 minutes to reflect within your own mind (no pen/ no paper). Close your eyes, stare blankly at the sky, meditate, zone out to some music (whatever); and effortlessly apply all you have reflected on to all your relationships. Reflect on your actions in past situations and ask: did that action/ comment/ etc... help maintain the sweet spot of that relationship? Do not linger on any one thought long. Reflect, assess and let it go.
- 3) Forget everything you just reflected (*Continued on page 16*)

Juggling the Many Hats of Being a Paralegal

By Christy Morgan, CKP

Each and every one of us has a story to tell as to why and how we became paralegals. For me, I was twenty years old with baby number two on the way, married to an Army Ranger and starting to realize I needed to do something to better my life and the lives of my little girls. My favorite aunt was a paralegal and I used to love to hear her stories about some of the really cool cases she had worked on. One day while at home watching General Hospital, with my husband away on a training mission and my less-than-one-year-old baby climbing on my burgeoning belly (yes, that's right, two babies in 12 months, folks), a commercial for a local community college came on television and they were talking about the paralegal program they offered. Man, was it glamorous. They showed a pretty young lady in a smart black business suit leaning over the shoulder of a very handsome attorney, both of them pointing and smiling at some legal text before them on the conference room table. They looked so happy and the commercial only confirmed what I had been assuming all along – that being a paralegal has to be the easiest, coolest and most fulfilling job ever and attorneys must be the most amazing and easy to get along with bosses to ever walk the planet! So, the next day I happily drove down to the local community college and signed up for the Paralegal Studies Degree Program.

My college days were quite unlike the typical college experience (and I'm going to venture a guess that most of you can relate to this). There was no staying up late and binge drinking with my buddies, sorority or fraternity parties. No, those days were long behind me. My college experience was more like this: take care of babies during the day, cook for husband and kids and then drive to the community college

for evening classes which did not end until nine o'clock at night, drive home, put babies to bed, sleep six hours (if I was lucky), get up, repeat.

After graduation, I was hired by my first law firm as a legal secretary. I quickly learned that paralegal jobs (at least in my area) were few and far between at the time. After toiling away each day typing up real estate contracts and wills, I finally landed my first real paralegal job at a large civil litigation defense firm. I was so excited I couldn't stand it. My pay and benefits increased significantly when I took that step from legal secretary to paralegal, as well as my duties and obligations.

For approximately ten years, I worked for mostly large defense firms issuing subpoenas *duces tecum* for medical records, summarizing said medical records and helping the attorneys I worked for prepare for mediations and trials. Then the firm I was working for in 2009 suffered a severe money crisis and was forced to lay off several employees. I, unfortunately, was one of those lucky employees who were picked out of a lottery to be "laid off". You heard that right...a lottery.

Although I suffered some significant financial setbacks as a result of this lay-off, it turned out to be a blessing in disguise because several months later, I was unpacking from a move (a downsize, really) to a new, smaller townhouse when my husband, who was unpacking the glassware, spotted an advertisement for the Peter Perlman Law Office. At first, I was stoked! Peter Perlman was a well-known name, not just in Kentucky, but nationwide as well. Then, to my horror, I noticed the classified ad was two

weeks old. Thanks to the encouragement of my dear, sweet husband, I quickly dusted off my resume, touched it up and sent it on to Pete. He called me in that very same day and I was hired on the spot!

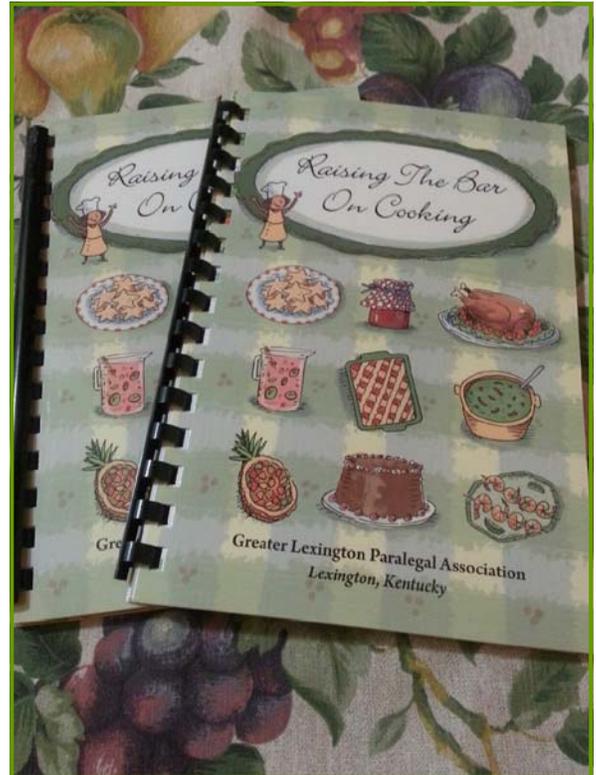
I had never worked in plaintiffs' law before, so I was a little leery about representing what I had been trained to believe were pathetic, money-hungry liars. It didn't take me long to realize that all of my preconceived notions about plaintiffs' law were extremely flawed. I soon discovered that, for the most part, plaintiffs' attorneys are only trying to do two things, and do them well: 1) represent the rights of their client who has been injured due to the carelessness of another; and 2) make sure that the defendant corrects said carelessness so no one else is injured in the same way in the future.

Pete's practice was relatively small (only he and one other younger associate), so when I was hired to work for the Peter Perlman Law Office, I was given the title of Legal Assistant/Office Manager. I quickly learned that this job title was not entirely accurate. My title really should have been Paralegal/Legal Secretary/Office Manager/Receptionist/Social Secretary/Personal Assistant/Errand Girl. Or, as Pete lovingly referred to my position on the day he hired me: I was to be the "Robin" to his "Batman". Don't get me wrong, I am not complaining. Not one bit. I loved working for Pete. I was with Pete for nearly four years until he began the process of semi-retirement. But if you're like me, working in a small office setting (many plaintiffs' law firms are relatively small) does require much

(Continued on page 13)

GLPA Merchandise

The GLPA has promotional items for sale, i.e. colorful totes with GLPA logo (purple, blue, red, green), cookbooks, pens w/ stylus, t-shirts. Contact any Board member if you are interested in purchasing any of these items. Refer to the back page of newsletter for contact information for any member of the Board or email boardatlarge@lexingtonparalegals.com.



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Juggling...

(Continued from page 11)

more of the “paralegal” than, say, a large defense firm where there are dozens, if not hundreds of support staff to help get the job done. This is by no means to denigrate the work done by defense paralegals. Remember I was one of them for ten years. I’m simply talking about the many different job descriptions of a small office paralegal.

My current job (Morgan & Morgan) handles personal injury cases which most of you will agree can be very document intensive. The big defense firms that represent these large corporations knowingly (in my opinion and experience) try to bombard the smaller plaintiffs’ firm with paperwork in an attempt to overwhelm and intimidate. A fellow paralegal will tell you sometimes this requires working a little harder and a little longer than your typical 9 to 5 job. We’ve all had to work late into the evening or even on weekends when boxes of discovery are delivered to the office or when mediation or trial is imminent.

For example, a couple years ago, in a lawsuit against an ATV manufacturer/retailer, on the eve of trial (literally at 4:55 p.m. the Friday before the Monday trial), there was a knock on our door and in walked a skinny, pimply-faced runner pushing a dolly carrying three bankers’ boxes full of “emergency” pretrial motions (and their attachments) which they wanted to be heard on Monday. We (meaning myself and the part-time paralegal and young associate) all had to stay well into the evening to review and organize these motions so that the

associate could drive them up to Pete at the trial in Boone County and prepare him to argue these numerous motions in less than three days (including the weekend). It was frustrating, yes, but it was part of the job. Not to mention, things like that rarely happen and are more than balanced out by the many Fridays we got to leave early and the flexibility that a small office can offer when it comes to your “outside life” (i.e., doctor’s appointments, sick children, etc.).

When people ask me what I do for a living, I tell them I am a paralegal. When those not in the legal field ask me what that means, I tell them I’m my boss’s “Girl Friday”. I heard Pete refer to me as his “Girl Friday” once and I had no idea what that meant, so I Googled it. According to Miriam-Webster’s Dictionary, a “Girl Friday” is: “(noun) a woman who does many different jobs in an office; a female office assistant.” That pretty much sums it up if you ask me and I’m sure most of you can relate. At Pete’s office, on any given day, I would answer the phones, work with clients, draft legal documents and correspondence, correspond with opposing counsel and co-counsel, plan Pete’s travel around the United States and beyond, help order gifts for his friends and family, cover him when the need arose...I did it all. Now, at Morgan & Morgan, my duties are a bit more focused on strict paralegal duties, but some of this has carried over.

I’m not complaining, mind you.

I’m just saying sometimes just saying we are “paralegals” doesn’t seem to adequately describe what it is we ladies and gents do for our office on a daily basis.

I wouldn’t have it any other way, though, and I’m sure you all agree. This is a job that not everyone is cut out for. You have to have thick skin, an iron will and nerves of steel to do what we do every day. But I love my job and I’m sure you do, too.

Just know that on those days when you feel like you’re doing it all and no one understands what you’re going through, remember there are those just like you (especially in the GLPA) who can empathize and share your love of the job as well as share ideas and suggestions to help you get your work done and done right.

Christy Morgan is a paralegal with the law firm of Morgan & Morgan in Lexington, Kentucky.



Christy Morgan, CKP,

The Many “Me’s” on the Way to the Sweet Spot

By Mike Thompson, Neuro-Behavioralist

Here are some more thoughts that will help us find, sustain and maintain our path to the Sweet Spot.

The “Me’s” along the way!!

The first one is “me” as in you and me. The actual person involved. The personal pronoun that is normally the object of the sentence, as in, “He listened to me” and the person driving the relationship bus. Then there is ME as we discussed last time. “ME” is My Ego mismanaged while “me” represents my ego well managed, in the shed out back or at least sitting comfortably on the porch.

Today, we have one more Me to address, and it represents My ears (Me), the gateway to the brain and what it does or doesn’t do. This Me is our next challenge to master. It is not difficult. It just takes some intention and discipline. So to summarize the “me’s” in the Sweet Spot equation: There is me, just little ole’ me. There is me, interested in you more than me. And, there is Me (My ears), the physiological extensions on the sides of our head that lets the bulk of the stuff in our noggin that guides us to effective Sweet Spot interactions and the building of profitable relationships.

The why of all of this me-talk is to establish another important Sweet Spot pre-condition. In order to relate effectively, we first must know how we think. Then we must park our ego out back and finally, we need to listen as well as we can to the person on the other side of our mouth. Only then can we hope to capture productive Sweet Spot time on both of our behalfs. This process employs two simple axioms:

Less is more where distract-

tions and elaborations are concerned.

Simple is best. No need to go beyond the present moment. Just shut up and listen.

This is the Poor Man’s Occam’s Razor. You remember it from the Jodie Foster movie, Contact. When searching for a solution, the most effective one will most likely be the simplest. So unselfishly focusing on the other person’s words, actions, and delivery is the next step on our way to the Sweet Spot. In her most useful book, *The Zen of Listening*, Rebecca Shafir, refers to this as “Mindful Listening”. It is as close to complete openness to another as we can come. It is always unselfishly done on the other person’s behalf.

Be all Ears!!

So for next time, find at least 3 opportunities to mindfully listen, truly hear the person and then see what happens. The Sweet Spot is just around the conversational corner.

Mike Thompson is a seasoned Coach, Mentor, and Facilitator with over 35 years experience. He has worked all over the world advising and teaching. He currently works as a Mentor and Academic Coach in the CATS program at the University of Kentucky where he serves student athletes in that capacity. He also is involved in student leadership development at the UK Newman Center. He is a graduate of the University of Kentucky and also holds a Master’s Degree in Organizational Behavior and Analysis from Case Western Reserve University.

What is this Meaning of This?

1. Testate
2. Insolvent
3. Complaint
4. Annuity
5. Confirmation
6. Felony
7. Hearsay
8. Injunction
9. Brief
10. Bankruptcy
 - a. an estate that has no money left after the payment of some or all of the bills
 - b. a written statement submitted in a trial or appellate proceeding that explains one side’s legal and factual arguments
 - c. with a Will
 - d. a serious crime, usually punishable by at least one year in prison
 - e. approval of a plan of reorganization by a bankruptcy judge
 - f. evidence presented by a witness who did not see or hear the incident in question but heard about it from someone else
 - g. a court order preventing one or more named parties from taking some action
 - h. a legal procedure for dealing with debt problems of individuals and businesses; specifically, a case filed under one of the chapters of title 11 of the United States Code
 - i. a contract wherein one or more beneficiaries receive payments in regular intervals, in return for prior fixed payments
 - j. written statement that begins a civil lawsuit, in which the plaintiff details the claims against the defendant



You are invited to attend
**The Greater Lexington Paralegal
 Association's Anniversary Luncheon**



WHEN: Thursday, July 17, 2014

WHERE: Hyatt Regency Hotel – Lexington, KY

TIME: 12:00 p.m. -1:15 p.m.

COST: \$30 (includes lunch) (please indicate if you need parking)

NAME: _____
FIRM: _____
TELEPHONE: _____ - _____
EMAIL: _____



Please select one choice for your lunch entrée:

- penne pasta & seasonal vegetables in white wine/olive oil sauce**
 grilled chicken breast topped with rich marsala wine sauce & seasonal vegetables and potatoes

Both choices are served with a salad, rolls and cake.

**There will be an entertaining speaker along with plenty of door prizes!!
 It will be a celebration you won't want to miss!!**

**Please return registration form with your check,
 payable to the GLPA, by July 3, 2014 to:**

**Heather L. Purnell, Paralegal
 DelCotto Law Group
 200 North Upper Street
 Lexington, KY 40507**

**Questions? Call or e-mail Heather Purnell
 ((859) 231-5800 or hpurnell@dlgfirm.com**



GLPA Liaison News from Abroad

By Tammy Martinez, GLPA Vice-President

The KPA held a Board meeting on April 5, 2014 in Lexington, Ky. Topics discussed were:

- KPA By-Laws — Draft of revised By-Laws
- Education Chair — Plans are being made for a 1/2 day CLE to be held in summer/fall; location to be determined
- Continuing development of the new KPA website
 - * Appearance of website
 - * Recording CPE's online
 - * Reviewing KPA membership online
- 2014 KPA Conference in Lexington

Northern Kentucky Association of Paralegals (NKAP) hosted "From Our Oldest to Your Youngest—Hand in Hand" CLE on May 17, 2014 at Beckfield College, Florence, Kentucky. Topics included child advocacy and ethics.

Western Kentucky Paralegals (WKP) hosted their annual

meeting on May 2, 2014 at Renee's in Paducah. Topics included "Family Law," "Mediation Practice," "Ethical Dilemmas," and "Kentucky Concealed Carry Laws."

Louisville Association of Paralegals (LAP) started the year off with a lecture by agents from the United States Marshall's Office who gave a training session that was aimed at instructing individuals at the workplace on how to be more aware of their surroundings and what they can do when an active shooter is on the premises. Also, a seminar was held on March 27 by an Assistant U.S. Attorney on the topic of "Sports Law." Several charity events are being planned for this year, and I will update the GLPA as they are held.

Southern Kentucky Association of Paralegals (SKAP) is continuing to plan monthly CLE's, appoint Committee Chairs, and is currently working on developing a Facebook page.

The KPA will hold its next 2014 Board meeting on June 21 in Lexington.



Tammy Martinez is the 2014 GLPA Vice-President and KPA Liaison. She is a Paralegal with Fowler Bell, PLLC

Thinking in the Sweet Spot... (continued from page 10)

on. Go do something fun! Leave it alone and do not visit it in your mind again ... Until an agitating moment arises. Then call it forth and ponder, how can I stay in the sweet spot?

Remember-

We hardly get the chance to fix the mistakes or moments of the past;

however, with intentional self-mastery, reflection and focused effort, we can increase our chance of not making the same mistakes in the future. This is my goal for you; one I hope you try to achieve! As always, all comments, suggestions or ideas are welcome. Thanks for reading.

Printed with permission of Mike

(Answers to "What is the Meaning of This")

- | | |
|------|-------|
| 1. c | 7. f |
| 2. a | 8. g |
| 3. j | 9. b |
| 4. i | 10. h |
| 5. e | |
| 6. d | |

Certification help for you

By Beverly Rawlings, RP, GLPA Certification Ambassador

Last issue I talked about the certifications that the National Federation of Paralegal Associations (NFPA) offers. Those are the Paralegal Advanced Competency Exam (PACE) and the Paralegal CORE Competency Exam (PCCE). As you might expect, there are fees associated with both exams, both for exam prep and testing. This year, NFPA is able to offer one scholarship for each exam to its members. (Members of the GLPA are also members of NFPA.)

The PACE scholarship includes the exam fee, the PACE application and handbook, the PACE study manual, enrollment in the NFPA online practice exam and enrollment in the AIPS online study course. Passing the exam will allow you to use the RP® credential.



The PCCE scholarship includes the exam fee, the PCCE Study Manual and the online review course offered by API. Passing the exam will allow you to use the CRP® credential.

Each scholarship is worth approximately \$700. The scholarship applications are available as fillable PDFs on NFPA's Awards and Scholarship webpage. **Completed applications with all supporting paperwork must be post-marked by July 1, 2014.** Incomplete packets will be ineligible for consideration.

The scholarships will be awarded at the 2014 Annual Convention in October. You can find out more about the scholarships and exams at NFPA's website: www.paralegals.org.

If you miss out on the NFPA scholarships, then keep in mind that each year GLPA offers a PACE scholarship to its members. This year, the board has voted to offer a PCCE scholarship as well. Both scholarships will be awarded at the December luncheon. Details about how to apply will be available later in the year!



Beverly H. Rawlings, RP® - Bev is the 2014 GLPA Certification Ambassador & IT Administrator. She is employed by NetLaw, Inc.

RSVP to Attend Anniversary Luncheon!!

Mark your calendars for Thursday, **July 17, 2014 at 12:00 noon**, to attend the GLPA Anniversary Luncheon which will be held at the Hyatt Regency located in downtown Lexington, Kentucky. Please RSVP to Heather Purnell by July 3 (address/contact information is on registration form).

What: GLPA Anniversary Luncheon
 When: Thursday, July 17, 2014,
 12:00 noon-1:15 p.m.
 Where: Hyatt Regency Hotel
 Cost: \$30/per person



THE GREATER LEXINGTON PARALEGAL ASSOCIATION



WANTS YOU!!!

The GLPA has many committees that need your expertise. Sign up today by contacting Tammy Martinez at vicepres@lexingtonparalegals.com.

- Membership
- CLE
- Philanthropy
- Newsletter
- Student Relations
- Fund Raising
- Special Events

GLPA can earn a donation every time you search the Internet and shop online!!!

GoodSearch & GoodShop



Search the web with Yahoo-powered **GoodSearch.com** and they'll donate a penny to your cause each time you search!

Shop at more than 600 **GoodShop.com** merchants including Amazon, Best Buy, Toys R Us, and others, and a percentage of each purchase will go to your cause!

FEATURED IN

The New York Times

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OPRAH THE OPRAH MAGAZINE

THE WALL STREET JOURNAL

FORTUNE

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<p>KPA Liaison: Tammy Martinez Fowler Bell, PLLC 300 West Vine Street, Suite 600 Lexington, Kentucky 40507-1751 T: (859) 252-6700, ext. 124 tmartinez@fowlerlaw.com and kpa@lexingtonparalegals.com</p>	<p>Special Events: Heather L. Purnell, RP® DelCotto Law Group PLLC 200 North Upper Street Lexington, Kentucky 40507 T: (859) 231-5800 Email: hpurnell@dlgfirm.com and president@lexingtonparalegals.com</p>	<p>Student Relations: (open position) Volunteer today! Contact any Board Member! studentrelations@lexingtonparalegals.com</p>
<p>Past President: Charity Foster Fulkerson, Kinkel & Marrs, PLLC 239 N. Broadway Lexington, KY 40507 T: (859) 253-0523 cfoster@FulkersonKinkel.com and pastpres@lexingtonparalegals.com</p>	<p>IT Administrator: Beverly H. Rawlings, RP® NetLaw, Inc. T: (502) 208-7236 brawlings@netlawinc.com and pace@lexingtonparalegals.com</p>	

If you are interested in being involved, have an idea or suggestion, let a Board member know. We want to hear from you! To contact the GLPA Board, please email GLPABoard@lexingtonparalegals.com or call any of the Board Members at the phone numbers listed above.